

**OCTOBER 2020**  
Menu subject to change

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
			<b>1</b> <b>BBQ meatloaf,</b> <b>Seasoned</b> <b>mashed</b> <b>potatoes,</b> <b>Creamy</b> <b>coleslaw,</b> <b>Pumpkin bread</b>	<b>2</b> <b>Breaded baked</b> <b>cod, Baked</b> <b>potato, Romaine</b> <b>and onion salad,</b> <b>Wheat bread,</b> <b>Fresh fruit in</b> <b>season</b>
<b>5</b> <b>Hot turkey</b> <b>sandwich w/gravy,</b> <b>Homemade</b> <b>mashed potatoes,</b> <b>Seasoned Brussel</b> <b>sprouts, Rosy</b> <b>pears</b>	<b>6</b> <b>Baked ham &amp;</b> <b>pineapple,</b> <b>Sweet potato</b> <b>casserole,</b> <b>Pinto beans &amp;</b> <b>bacon, Creamy</b> <b>frosted white</b> <b>cake</b>	<b>7</b> <b>Old fashioned</b> <b>meatloaf,</b> <b>Buttered new</b> <b>potatoes, Whole</b> <b>kernel corn,</b> <b>Wheat bread,</b> <b>Great pumpkin</b> <b>dessert</b>	<b>8</b> <b>Deluxe chicken</b> <b>pot pie, Glazed</b> <b>carrots, Dinner</b> <b>roll, Cherry</b> <b>cobbler</b>	<b>9</b> <b>Crumb topped</b> <b>baked fish,</b> <b>Basil garlic</b> <b>potatoes,</b> <b>Broccoli cuts,</b> <b>Wheat bread,</b> <b>Fruit ambrosia</b> <b>salad</b>
<b>12</b> <b>Savory pork</b> <b>chops, Mashed</b> <b>sweet potato,</b> <b>Seasoned peas,</b> <b>Wheat bread,</b> <b>Peaches</b>	<b>13</b> <b>Beef pot roast</b> <b>w/gravy, Boiled</b> <b>potato, Harvard</b> <b>beets, Whole</b> <b>wheat rolls</b> <b>(scratch),</b> <b>Applesauce</b> <b>bars</b>	<b>14</b> <b>Italian meat</b> <b>sauce,</b> <b>Spaghetti</b> <b>noodles,</b> <b>Spinach</b> <b>cranberry salad,</b> <b>Garlic bread</b> <b>sticks, Boston</b> <b>cream dessert</b>	<b>15</b> <b>Baked rosemary</b> <b>chicken, Rice</b> <b>pilaf, Chicken</b> <b>gravy, Carrots</b> <b>with parsley,</b> <b>Fresh banana</b>	<b>16</b> <b>Shaved ham</b> <b>sandwich on</b> <b>rye, Lettuce</b> <b>leaf, Just bean</b> <b>soup, Creamy</b> <b>coleslaw, Iced</b> <b>brownie</b>
<b>19</b> <b>Roast beef,</b> <b>Homemade</b> <b>mashed potatoes</b> <b>w/gravy,</b> <b>Seasoned peas,</b> <b>Wheat bread,</b> <b>Pineapple tidbits</b>	<b>20</b> <b>Meat lasagna,</b> <b>Broccoli cuts,</b> <b>Garlic bread,</b> <b>Mandarin</b> <b>oranges</b>	<b>21</b> <b>Baked ham,</b> <b>Boiled potato,</b> <b>Seasoned</b> <b>cabbage,</b> <b>Carrots, Rice</b> <b>pudding</b> <b>w/raisins</b>	<b>22</b> <b>Beef stew,</b> <b>Romaine and</b> <b>onion salad,</b> <b>Biscuit, Cherry</b> <b>delight</b>	<b>23</b> <b>Breaded baked</b> <b>fish, Buttered</b> <b>new potatoes,</b> <b>Baked beans,</b> <b>Peach cobbler</b>
<b>26</b> <b>Breaded pork</b> <b>chop, Potatoes</b> <b>O'Brien, Spinach</b> <b>salad, Apple</b> <b>crisp</b>	<b>27</b> <b>Herb baked</b> <b>chicken,</b> <b>Buttered new</b> <b>potatoes, Dilled</b> <b>carrots, Wheat</b> <b>bread, Chilled</b> <b>pears</b>	<b>28</b> <b>Baked</b> <b>spareribs,</b> <b>Sauerkraut,</b> <b>German potato</b> <b>salad, Perfect</b> <b>pinto beans,</b> <b>Pumpkin bread</b>	<b>29</b> <b>Roast turkey,</b> <b>Homemade</b> <b>mashed</b> <b>potatoes,</b> <b>Turkey gravy,</b> <b>Baked winter</b> <b>squash, Cherry</b> <b>torte bar</b>	<b>30</b> <b>Tuna noodle</b> <b>casserole,</b> <b>Colorful</b> <b>coleslaw, Fresh</b> <b>fruit in season</b>