

Menomonie Area Memory Cafe

**4th Thursday of each month
10:00 to 11:30 am
United Methodist Church
2703 Bongey Drive
Menomonie, WI 54751**

The Memory Café is a **safe, comfortable and engaging** environment for those with early stage memory loss and their caregivers. It is a place where you can **socialize and connect** with others.

We welcome those individuals with dementia (or related diagnosis), with mild cognitive impairment, early to moderate Alzheimer's, along with their family members or caregivers.

Expect: **Social connection with others having a similar experience**

Peer support

An informal, relaxed & stigma-free environment

Laughter

New friends

Delicious refreshments!

<u>2016</u> <u>Dates</u>	⇒	January 28	April 28	July 28	October 27
		February 25	May 26	August 25	November 24*
		March 24	June 23	September 22	December 22*

*Subject to change due to holiday

