

## WHAT IS AN ADRC?

### The place for information and assistance!

Aging and Disability Resource Centers (ADRCs) are the first place to go to get accurate, unbiased information on all aspects of life related to aging or living with a disability. ADRCs are friendly, welcoming places where anyone -- individuals, concerned families or friends, or professionals working with issues related to aging or disabilities -- can go for information specifically tailored to their situation. The ADRC provides information on broad range of programs and services, helps people understand the various long term care options available to them, helps people apply for programs and benefits, and serves as the access point for publicly-funded long term care. These services can be provided at the ADRC, via telephone, or through a home visit, whichever is more convenient to the individual seeking help.

### How to find an ADRC

ADRCs are available in most, but not all, Wisconsin counties. Check the following links to find an ADRC in your area:

- [Finding an ADRC](#): A directory of ADRCs, by county (PDF 51 KB) Updated April 2011
- [ADRC Map](#): Map indicating which counties are served by an ADRC. (PDF, 304 KB) Updated March 2011

Note: If your county is not yet served by an ADRC, information about local [Long Term Care Resources](#) may be available through other sources.

### Services provided by the ADRC

An Aging and Disability Resource Center provides the following services and more:

#### Information and Assistance:

- Information about local services and resource
- Assistance in finding services to match your needs
  - In-home care
  - Housekeeping and chore services
  - Home modifications, safety and maintenance
  - Health (healthy lifestyles, management of chronic conditions, dementia, etc)
  - Respite
  - Transportation
  - Nutrition, home delivered meals
  - Housing, including senior and low income housing

- Assisted Living, nursing homes and other long term care facilities
- Financial assistance (e.g., Social Security, SSI, Disability, Medicare, Medicaid and other benefit programs)
- Legal issues (guardianship, power of attorney, client rights advocacy)
- Abuse, neglect and financial exploitation
- Mental health, alcohol and drug abuse, crisis intervention
- Employment, vocational services, volunteer work
- Adaptive equipment
- Other