RESOURCE GUIDE

Resources for Seniors, Families and Caregivers in Dunn County

If you have any questions or would like clarification on any of the information presented on the list, please call the Aging & Disability Resource Center of Dunn County at 715-232-4006. Our email address is adrc@co.dunn.wi.us and our website address is: www.co.dunn.wi.us

General Information & Outreach for Seniors and Disabled Adults

Information and/or Assistance to Appropriate Services

Aging & Disability Resource Center of Dunn County	715-232-4006
ARC of Dunn County	715-235-7373
Center for Independent Living	1-715-233-1070 or 1-800-228-3287
Elder Care Locator	1-800-677-1116
Federal Citizen Information Center	1-844-872-4681
Hmong American Community Association	715-232-9350

Elder and Vulnerable Adult Abuse (financial, physical, emotional)

Aging & Disability Resource Center of Dunn County	715-232-4006
The Bridge to Hope	1-715-235-9074 or 1-800-924-9918
Elder Care Locator	1-800-677-1116

Access to Publicly Funded Long-Term Support Services

Aging & Disability Resource Center of Dunn County	715-232-4006

Legislative Information

Legislative Hotline	1-800-362-9472
Tony Evers (Governor)	1-608-266-1212
Tammy Baldwin (US Senator)	1-608-796-0045 1-800-247-5645 or 1-715-832-8424 or 1-202-224-5653
Ronald Johnson (US Senator)	1-608-782-5585 or 1-202-224-5323
Ron Kind (3rd District US Congressman)	1-715-831-9214 or 1-202-225-5506
Patty Schachtner (10th District State Senator)	1-800-862-1092 or 1-608-266-7745
Kathy Bernier (23rd District State Senator)	1-608-266-7511
Jeff Smith (31st District State Senator)	1-608-266-8546
Rob Stafsholt (29th District Assembly)	1-608-266-7683
Warren Petryck (93rd District Assembly)	1-608-266-0660
Rob Summerfield (67th District Assembly)	1-608-266-1194

Alzheimer's, Confusion and Memory Loss

Alzheimer's Information and Support Groups

Aging & Disability Resource Center of Dunn County	715-232-4006
Alzheimer's Association 24-Hour Help Line	1-800-272-3900
Alzheimer's Disease Education and Referral Center	1-800-438-4380
Alzheimer's Support Group	715-232-4006
Greater Wisconsin Alzheimer's Association Chapter	715-720-7611

Adult Day Care

Above & Beyond Elderly Care	715-505-4423
ARC of Dunn County, Connections Day Services	715-235-7373
Aurora Day Center (developmentally disabled)	715-235-1839
Grace Lutheran Adult Day Services	715-832-8811 or 715-738-1925
Hmong Adults Day Care Center, LLC	715-514-3491
Reach Adult Day Services (Menomonie)	715-833-7755
Reach Adult Day Services (Eau Claire)	715-552-2763
Reach Adult Day Services – Helen's House (Eau Claire)	715-456-3951
Reach Adult Day Services – Selma's House (Eau Claire)	715-456-3874
Shirley Doane Senior Center	715-235-0954

Memory Clinics

Marshfield Clinic Memory Assessment Clinic	1-715-858-4444 or 1-866-333-1996
Mayo Clinic Health System Memory Care Clinic	715-838-1900
Prevea-Eau Claire Family Medicine Clinic	715-839-5175

Dementia Care Living Facilities

Care Partners Assisted Living	715-235-6333
Colfax Health & Rehabilitation Center	715-962-3186
Comforts of Home Advanced Memory Care	715-800-8325
Heritage of Elmwood Nursing Home	715-639-2911
Knapp Haven (Chetek)	800-385-2527
Our House Memory Care	715-232-8181
The Neighbors of Dunn County	715-232-2661

Caregiver Support

Support Groups

Alzheimer's Caregiver Support Group 3rd Wednesday of the Month, 10:00-11:30 am Shirley Doane Senior Center	715-232-4006
Caregiver Support Group 3rd Thursday of the Month, 6:30-8:00 pm Dunn County Community Services Building	715-232-4006
Caregiver Coffee Hour 1st Wednesday of the Month, 9:30-11:30 am Dunn County Community Services Building	715-232-4006
Taking Time to Care Support Group 1st Wednesday of the Month, 1:00-2:30 pm United Methodist Church	715-232-4006
Caregiver Café 2nd Thursday of the Month, 9:30-11:00 am Exit 45 Restaurant and Bakery	715-232-4006
Relatives Raising Children 3rd Thursday of the Month, 10:30-12:00 noon Dunn County Community Services Building	715-232-4006
Memory Café 4th Thursday of the Month, 10:00-11:30 am United Methodist Church	715-232-4006
Aging & Disability Resource Center of Dunn County (Family Caregiver Support Program & Alzheimer's Support Program)	715-232-4006

Employment

Dunn County Job Center Workforce Development	715-232-7360
Employment Resources, Inc. (ERI)	608-246-3445
Senior Citizens Employment & Training	715-232-7360 Ext. 1422
WI Department of Vocational Rehabilitation	715-836-4263

Exercise, Fitness and Health

Exercise and Fitness

Colfax Grapevine Senior Center	715-962-2550
Menomonie High School Pool & Fieldhouse	715-232-1197
Shirley Doane Senior Center in Menomonie	715-235-0954
Sunnyside Apt. – Knapp	715-665-2495
UW-Stout Fieldhouse	715-232-1378

Health and Well-Being

American Cancer Society	1-800-227-2345
American Diabetes Association	1-800-342-2383
Arthritis Foundation	1-800-283-7800
Dunn County Health Department (mammograms for low income women under 65)	715-232-2388
Flu shots – DC Health Department	715-232-2388
Foot Care Clinics – Shirley Doane Senior Center	715-235-0954
Free Clinic of Menomonie	715-308-3808
LGBT National Youth TalkLine	1-800-246-7743
LGBTQ National Hotline	1-888-843-4564
Mayo Clinic Health Systems (educational series)	715-464-3017
National Cancer Institute	1-877-448-7848
National Health Information Center	1-800-336-4797
Smoking Cessation – DC Health Department	715-232-2388
The Friendship Line	1-800-971-0016

Financial/Legal/Advocacy

Complaints/Investigation

Benefit Specialists/Aging & Disability Resource Center of Dunn County	715-232-4006
Center for Independent Living	715-233-1070
Consumer Product Safety Commission	1-800-638-2772
Consumer Protection	1-800-422-7128
Disability Rights of Wisconsin	1-877-338-3724
	(TTY) 1-888-758-6049
Fraud Information Center	1-800-876-7060
Landlord/Tenant	1-800-422-7128
Medicare Fraud Spotters	1-800-633-4227
Office of the Commissioner of Insurance	1-800-236-8517
Ombudsman Program for Nursing Homes/Group Homes/ Community Options Program	1-800-815-0015

Financial Assistance

Benefit Specialists/Aging & Disability Resource Center of Dunn County	715-232-4006
Energy Fuel Assistance	715-232-1116
Food Share (Quest Card)	1-888-283-0012
Medical Assistance (Forward Card)	1-888-283-0012
Medicare	1-800-633-4227 or 1-715-232-4006
Prescription Drug Assistance Program	715-232-4006
Senior Care Prescription Drug Program	1-800-657-2038 or 1-715-232-4006
Social Security and SSI	1-800-772-1213 or 1-866-815-2924

Estate Planning

Estate Planning	1-800-488-2596
Guardianship Helpline	1-800-488-2596
Pension Rights	1-800-488-2596
Probate	715-232-6782

Guardianship Assistance/Representative Payee

ARC of Dunn County	715-235-7373
Dunn County Human Services	715-232-1116
Guardianship Helpline	1-800-488-2596
House Calls	715-232-6475
Payee Services	715-233-0203

Insurance Information

Benefit Specialists/Aging & Disability Resource Center of Dunn County	715-232-4006
Medigap Hotline	1-800-242-1060
Office of the Commissioner of Insurance	1-800-236-8517

Legal Assistance

Benefit Specialists/Aging & Disability Resource Center of Dunn County	715-232-4006
Lawyer Referral Service	1-800-362-9082
State Bar of Wisconsin	1-800-728-7788
Wisconsin Judicare	1-800-472-1638 or 1-715-232-1116

Taxes

AARP Tax Appointments (February through April) (Income Tax and Homestead Tax Credit Assistance)	715-232-4006
Internal Revenue Service	1-800-829-1040
Property Tax Deferral Program (WHEDA)	1-800-755-7835
Wisconsin Department of Revenue	1-608-266-8100
Wisconsin Tax Refund Info	1-608-266-8100

Veterans Services

Dunn County Veterans Service Office	715-232-1646
Veteran's Administration – Wisconsin	1-800-827-1000

Food and Nutrition

Share Program for Colfax and Wheeler

Statewide program for anyone - $18.00
You are asked to do 2 hours of community service. Quest cards are accepted.
Location: 1202 E 10th Street
Contact/Phone: Mary Lou Lagerstrom 715-664-8879

Grocery Shopping Assistance

Community Connections Program	715-235-2920
Grandma's Helpers	715-308-9275 or 715-308-9273

Home Delivered Meals

Aging & Disability Resource Center of Dunn County	715-232-4006

Senior Dining (Hot Meals) 715-232-4006

Boo'z Bar & Grill (Mon through Fri)	715-665-2215
Colfax Grapevine Senior Center (Mon through Thur)	715-962-2550
Dairyland Café in Ridgeland (Mon through Fri)	715-949-1985
Eau Galle Civic Center (Mon & Wed)	715-283-4252
Hosford-Rich Apartments (Mon through Fri)	715-235-4047
Sand Creek Café (Mon through Fri)	715-658-1335
Tantara Apartments (Mon through Fri)	715-556-0266

Area Food Pantries/Food Programs and Free/Reduced Cost Meals

Boyceville – West CAP Food Access & Resource Center
823 Main Street - Phone: 715-977-1191
Serves Boyceville & Glenwood City Areas
Food Pantry Schedule: Every Thursday 3-7 pm, Every Friday 9 am-1 pm
Commodity boxes for age 60 and older. Senior Farmers Market Vouchers

Boyceville Food Harvest Ministry
$15 Requested Donation – You Eat You Qualify
3rd Saturday of the Month, 8 am
1002 Main Street, Boyceville - For More Information, Call 715-619-6979

Colfax Caring Ministries Emergency Food Pantry
Must live within Colfax School District. By appointment only – 715-704-9571

Dunn County - FoodShare – Formerly Food Stamps Program (Income Based)
Helps people with limited income buy food. Call GRCC 1-888-283-0012 or Dunn County Human Services at 715-232-1116

Dunn County Elderly Nutrition Program – Must be 60+ - Home-Delivered Meals. Congregate meal sites in several communities. Nutritional supplements (Ensure). Senior Farmers Market Vouchers. Dunn County ADRC: 715-232-4006

Dunn County – WIC Program (Women, Infants & Children)
Dunn County Community Services Building, 3001 US Hwy 12 East, Suite 9, Menomonie - Phone: 715-232-2498

Elk Mound – Ruby's Pantry
Food distribution every 2nd Saturday, 7:30 am until all served. Everyone welcome. $21 donation appreciated – cash only. Shepherd of the Hill Lutheran Church, 207 University, Elk Mound - Phone: 715-879-5115

Elk Mound – Shepherd's Shelf
Shepherd of the Hill Lutheran Church, 207 University Street, Elk Mound
Provides food for those in need. Tuesdays 4-6 pm and Fridays 10 am-12 noon or emergency appointments - Phone: 715-879-5115

Knapp – Plates and Knappkins Food Pantry
Every month that has a 5th Saturday in it (about every 3 months) 7–10 am
508 Highway 12, Knapp - Phone: 715-665-2310

Menomonie – Community Friendship Luncheon
Home cooked buffet every Wednesday 11:45 am
Shirley Doane Senior Center, 1412 6th Street, Menomonie, $5 for members, $6 for non-members - Phone: 715-235-0954

Menomonie – Tuesday's Table
Hot home-cooked meal every Tuesday 5-6 pm. St Joseph's Catholic Church – Basement, 910 Wilson Avenue, Menomonie – Phone: 715-232-4922

Menomonie – Thursday's Table
Hot home-cooked meal every Thursday 5-6 pm. First Congregational Church, 420 Wilson Avenue, Menomonie – Phone: 715-235-5838

Menomonie – Stepping Stones Food Pantry
Food pantry and offers Commodity Boxes for 60+
1620 Stout Road, Menomonie - Call for hours: 715-235-2920

Menomonie – Summer Farmer's Market
May through October – Wilson Park, Menomonie
Wednesdays 10 am-4 pm, Saturdays 8 am-1 pm

Menomonie – Winter Farmer's Market
November through April – Raw Deal, Menomonie
Saturdays 9 am-1 pm – Phone: 715-231-3255

School Lunches – Free/Reduced
Contact your local school's food service office

Grocery Stores that Provide Shopping Assistance

Dick's Fresh Market – 1408 9th Street, Menomonie	715-235-2134
Walmart – 108 Cedar Falls Road, Menomonie	715-235-6565
Kyle's Market – 115 S Main Street, Colfax	715-962-3585

Hearing Impairment

Information, Support, Assistive Devices

Aging & Disability Resource Center of Dunn County	715-232-4006
Center for Independent Living	715-233-1070
National Hearing Aid Helpline	1-800-521-5247
TEPP Program	1-608-231-3305 or 1-715-233-1070
Wisconsin Bureau for the Deaf and Hearing Impaired	(TTY) 1-855-359-5252 or 715-836-2107
Wisconsin Relay Customer Support	(TTY/Voice) 1-800-676-3777 (Speech Disabled) 1-877-787-1989 or (Espanol) 1-800-676-4290

Local telephone companies can provide help with assistive devices.

Housing and Home Modifications/Repairs

Apartments with Noon Meals, Light Housekeeping, Emergency Call System (Varies per site)

Galloway Homes	715-235-7778
Hosford-Rich Apartments	715-235-0656
The Oaks	715-235-7793
Tantara Apartments	715-235-4718

Assisted Living (Services vary)

Autumn Village	715-235-3697
Care Partners and Country Terrace	715-235-5112
Comforts of Home Assisted Living	715-231-4980
Our House Senior Living	715-232-8181
Potters Country Home	715-235-6789
Triple Springs Country Home	715-643-7040

Nursing Homes

American Lutheran Home	715-235-9041
Colfax Health & Rehabilitation Center	715-962-3186
Glenhaven (Glenwood City)	715-265-4555
Heritage of Elmwood Nursing Home	715-639-2911
Pioneer Nursing Home (Prairie Farm)	715-455-1178
Spring Valley Health & Rehabilitation	715-778-5545
The Neighbors of Dunn County	715-232-2661

Repairs and Modifications

Center for Independent Living	715-233-1070
Community Connections Program	715-235-2920
Habitat for Humanity	715-833-8993
Home Buyer Assistance Program	715-726-4580
USDA Rural Development	715-232-2614
West Cap	1-800-606-9227 or 715-235-4511

Local telephone and utility companies.
Local city/village governments "Block Grants."

Subsidized Housing Units (rent is based on income)

Boyceville Manor	715-235-4718
Cedar Grove Apartments (Menomonie)	715-232-9940
Colfax Manor	715-235-4718
Colfax Prairie Homes	715-962-3238
Elmwood Senior Citizens Apartments (Menomonie)	715-235-0656
Evergreen Manor (Colfax)	715-778-5938
Gaylord Nelson Apartments (Menomonie)	715-357-3334
Hillcrest Apartments (Wheeler)	715-688-2272
Hosford-Rich Apartments (Menomonie)	715-235-0656
Kathy Richards Management	1-906-932-5500
Menomonie Housing Authority (Menomonie)	715-235-0656
Memorial Heights Apartments (Menomonie)	715-235-0656
Menomonie Country Apartments	715-664-8751
Morningside Apartments (Sand Creek)	715-688-2272
The Oaks (Menomonie)	715-235-7793
Pine Ridge Apartments (Ridgeland)	715-688-2272
Pinedale Apartments (Menomonie)	715-235-7376
Ridgeland Housing	715-235-4511
Riverview Apartments (Downsville)	715-688-2272
Sunnyside Apartments (Knapp)	715-235-0656
Tiffany Street Apartments (Boyceville)	715-688-2272
University Village (Menomonie)	715-834-3411 or 1-800-924-3256
Valley View Apartments (Knapp)	715-688-2272
Warren Knowles Manor (Menomonie)	1-715-357-3334
West Cap	1-800-606-9227 or 715-235-4511

Subsidized Rent Vouchers

Dunn County Housing Authority	715-235-4511
Menomonie Housing Authority	715-235-0656
West Cap (Dunn County Housing Authority)	1-800-606-9227 or 715-235-4511

Other Senior Housing Options

Dancing Oaks	715-233-0406
Galloway Homes (Menomonie)	612-760-0565
The Oaks Senior Living	715-235-7793
Tantara Apartments	715-235-4718
Village at White Pine	715-231-2100

In-Home Services

In Home Services, Respite, Bathing Assistance, Housekeeping

Above and Beyond Elderly Care	715-505-4423
Advanced Living Care LLC	715-235-2090
ARC of Dunn County	715-235-7373
Asian Home Health	715-254-0893
Aurora Community Health	715-235-1839
Center for Independent Living	715-233-1070
Dunn County Home Health Care	715-232-1518
Hands On In-Home Care	715-949-1313
House Calls Personal Touch Respite Program	715-232-6475
Indianhead Community Action Agency	715-532-4222
Interim Healthcare	715-834-1313
Mayo Clinic Health Systems Home Health and Hospice	715-235-7800
Moore Genuine Care	715-286-2734
Peaceful Living	715-386-7071
Safe at Home Senior Care	715-598-7233
Seniors Helping Seniors	715-514-4511
Stepping Stones	715-235-2920
Sunshine Care Inc.	715-514-5566

Tong Xeng Home Care	715-514-4406
Touching Hearts at Home	715-245-1944
Visiting Angels	715-861-5546

Hospice Services

Adoray Home Health & Hospice	715-684-5020
Heartland Hospice Care	1-888-633-6522
Mayo Clinic Health System Home Health & Hospice	1-800-236-8408
St. Croix Hospice	1-855-278-2764
St. Joseph's Home Health, Hospice	1-800-726-3485 or 715-726-3485

Medical Equipment

Center for Independent Living	715-233-1070
J&B Medical Supply	1-800-737-0045
Veterans Service Office (Loan Closet)	715-232-1646

See also "Hearing Impairment," Vision Impairment."
Check local telephone directory under "Hospital Equipment/Supplies"

Nursing Agencies/Personal Care

Asian Home Health	715-254-0893
Aurora Community Health, Inc.	715-235-1839 or 1-888-301-5897
Dunn County Home Health Care	715-232-1518
House Calls	715-232-6475
Interim Healthcare	715-834-1313
Mayo Clinic Health System Home Health and Hospice	715-235-7800 or 1-800-236-8408
REM Wisconsin	715-861-7377
St. Joseph's Home Care	715-723-1811
Seniors Helping Seniors	715-514-4511
Tong Xeng Home Care	715-514-4406
Visiting Angels	715-861-5546

Mental Health and AODA

Access, Inc	715-235-4696
Amery Behavioral Health Center (Inpatient short-stay program)	715-268-0060
Arbor Place	715-235-4537
Dunn County Department of Human Services	715-232-1116
The Healing Place – A Grief Support Center	715-717-6028
WCPG (WI Council on Problem Gambling)	1-800-426-2535

Senior Centers & Organizations

Senior Centers

Boyceville Community Center	715-643-2305
Colfax Grapevine Senior Center	715-962-2550
Eau Galle Civic Center	715-283-4252
Rock Creek Town Hall	715-875-4202
Shirley Doane Senior Center	715-235-0954

Senior Citizen Organizations

AARP (American Association of Retired Persons)	1-888-687-2277
CWAG (Coalition of Wisconsin Aging Groups)	608-224-0606 or 1-800-488-2596

Personal Emergency Response Systems

American Medical Alarms	1-800-542-0438
Great Call 5 Star	1-866-300-9763
Life Protect 24/7	1-844-203-5617
Life Station	1-877-288-4956
Linear/Per Mar	715-832-1222
Medical Alert	1-800-800-0975
Medical Guardian	1-800-939-6700
Philips Lifeline	1-800-380-3111
Safety Choice Comfort Keepers	715-833-2197

Transportation Services

Buses

Dunn County Transit Commission	715-235-7433

Volunteer Drivers

Aging & Disability Resource Center	715-232-4006
Center for Independent Living for Western WI, Inc.	
New Freedom Transport Program	715-233-1070 or 1-800-228-3287
Stepping Stones of Dunn County	715-235-2920
Veterans Service Office	715-232-1646

Other Transportation Providers

Accessible Vehicle Rentals	1-800-596-4366
A&J Mobility (personal vehicle accessibility conversion- Including rentals)	1-877-833-9830
Handi-Lift	1-800-432-5438
Magena (wheelchair accessible transportation & taxi)	715-338-9840
Medical Transportation Management (MTM)	1-866-907-1493
Town & Country Taxi	715-309-9619

Vision Impairment

Books/Newspapers on Tape (Talking Books)

Library Books by Mail	715-231-5226
Wisconsin Talking Book and Braille Library	1-414-286-3045
Wisconsin Council of the Blind	1-608-255-1166 or 1-800-783-5213

Local libraries have large print books and also books on tape.

Information, Support and Assistive Devices

American Foundation for the Blind	1-800-232-5463
Center for Independent Living	(Voice & TTY) 1-800-228-3287 or 715-233-1070
Lighthouse National Center for Vision & Aging	1-800-284-4422
Office for the Deaf and Hard of Hearing	1-855-359-5252
State Office for the Blind	715-836-6772
Wisconsin Council for the Blind	1-608-255-1166 or 1-800-783-5213

ADRC STAFF

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