

RESOURCE GUIDE

Resources for Seniors, Families and Caregivers in Dunn County

If you have any questions or would like clarification on any of the information presented on the list, please call the Aging & Disability Resource Center of Dunn County at 715-232-4006. Our e-mail address is dhs@co.dunn.wi.us and our website address is: www.co.dunn.wi.us



General Information & Outreach For Seniors and Disabled Adults

Information and/or Assistance to Appropriate Services

Center for Independent Living	715-233-1070 800-228-3287
Aging & Disability Resource Center of Dunn County	715-232-4006
Elder Care Locator	1-800-677-1116
Federal Information Center	1-800-688-9889 or 1-800-333-4636
Hmong American Community Association	715-232-9350

Elder and Vulnerable Adult Abuse (financial, physical, emotional)

The Bridge to Hope	715-235-9074 or 1-800-924-9918
Aging & Disability Resource Center of Dunn County	715-232-4006
Elder Care Locator	1-800-677-1116

Access to Publicly Funded Long Term Support Services

Aging & Disability Resource Center of Dunn County	715-232-4006
---	--------------

Legislative Information

Legislative Hotline	1-800-362-9472
Scott Walker (Governor)	1-608-266-1212
Tammy Baldwin (U. S. Senator)	1-608-796-0045 1-800-247-5645 or 715-832-8424 or 1-202-224-5653
Ronald Johnson (U.S. Senator)	1-608-782-5585 or 1-202-224-5323
Ron Kind (3rd District U.S. Congressman)	715-831-9214 or 1-202-225-5506
Sheila Harsdorf (10th District State Senator)	1-800-862-1092 or 1-608-266-7745
Terry Moulton (23rd District State Senator)	1-608-266-7511
Kathleen Vinehout (31st District State Senator)	1-608-266-8546
John Murtha (29th District Assembly)	1-608-266-7683
Warren Petryck (93rd District Assembly)	1-608-266-0660
Tom Larson (67th District Assembly)	1-608-266-1194

Alzheimer's, Confusion and Memory Loss

Alzheimer's Information and Support Groups

Alzheimer's Disease Education and Referral Center	1-800-438-4380
Alzheimer's Support Group	715-232-4006
Aging & Disability Resource Center of Dunn County	715-232-4006
Greater Wisconsin Alzheimer's Association Chapter	715-720-7611
Memory Care Connections (for spousal caregivers of those with Alzheimer's or related dementia)	715-232-4006

Adult Day Care

AngelCare Adult Day Center	715-235-4744
Above & Beyond Elderly Care	715-505-4423
Aurora Day Center (developmentally disabled)	715-235-1839
REACH Day Services (developmentally disabled)	715-235-7733

Memory Clinics

Family Medicine Clinic, Eau Claire	715-839-5175
Marshfield Clinic Memory Disorder Clinic	1-715-858-4444 or 1-866-333-1996
Luther Hospital	715-838-1900

Special Dementia Care Living Facilities

Dunn County Health Care Center	715-232-2661
Care Partners Assisted Living	715-235-6333
Colfax Health & Rehabilitation Center	715-962-3186
Comforts of Home Memory Care	715-231-3020
Heritage of Elmwood Nursing Home	715-639-2911
Knapp Haven (Chetek)	715-924-4891
Our House Memory Care	715-232-8181

Caregiver Support

Support Groups

Alzheimer's and Other Dementia's Support Group	715-232-4006
3rd Wednesday of the Month, 10:00-11:30 a.m.	
Shirley Doane Senior Center	
Caregiver Support Group	715-232-4006 or 715-235-5531
3rd Thursday of the month, 7:00-8:30 p.m.	
Red Cedar Medical Center	
Caregiver Coffee Hour	715-232-4006
Meets 1st Wednesday of the Month, 9:30 – 11:00am	
North Conference Room - Red Cedar Medical Center	
Aging & Disability Resource Center of Dunn County (Family Caregiver Support Program & Alzheimer's Caregiver Support Program)	715-232-4006
Chippewa Valley Family Caregiver Alliance	715-577-3600

Employment

Dunn County Job Center Workforce Development	715-232-7360
Senior Citizens Employment & Training	715-839-5058
WI Department of Vocational Rehabilitation	715-836-4263

Exercise, Fitness and Health

Exercise and Fitness

Menomonie High School Pool & Fieldhouse	715-232-1197
UW-Stout Pool & Fieldhouse	715-232-1392
Sunnyside Apt. - Knapp	715-665-2495
Colfax Grapevine Senior Center	715-962-2550
Shirley Doane Senior Center in Menomonie	715-235-0954

Health and Well-Being

American Diabetes Association	1-800-232-3472
American Cancer Society	1-877-423-9122
Arthritis Foundation	1-800-283-7800
Cancer Information	1-800-422-6237
Dunn County Health Department (mammograms for low income women under 65)	715-232-2388
Flu shots	715-232-2388
Foot Care Clinics – Shirley Doane Senior Center	715-235-0954
Free Clinic of Menomonie	715-308-3808
Red Cedar Medical Center (educational series)	715-233-7474
National Health Information Center	1-800-336-4797
Smoking Cessation	715-232-2388

Financial/Legal/Advocacy

Complaints/Investigation

Benefit Specialists/Aging & Disability Resource Center of Dunn County	715-232-4006
Center for Independent Living	715-233-1070
Consumer Product Safety Commission	1-800-638-2772
Consumer Protection	1-800-422-7128
Fraud Information Center	1-800-876-7060
Landlord/Tenant	1-800-422-7128
Medicare Fraud Spotters	1-800-488-2596
Ombudsman Program for Nursing Homes/ Group Homes/Community Options Program	1-800-815-0015
Office of the Commissioner of Insurance	1-800-236-8517
Disability Rights of Wisconsin (TTY)	1-877-338-3724 1-888-758-6049

Financial Assistance

Benefit Specialists/Aging & Disability Resource Center of Dunn County	715-232-4006
Food Share (Quest Card)	715-232-1116
Energy/Fuel Assistance	715-232-1116
Medical Assistance (Forward Card)	715-232-1116
Medicare	1-800-633-4227 or 715-232-4006
Prescription Drug Assistance Program	715-232-4006
Social Security and SSI	1-800-772-1213 or 866-815-2924
Senior Care Prescription Drug Program	1-800-657-2038 or 715-232-4006

Estate Planning

Estate Planning	1-800-488-2596
Guardianship Helpline	1-800-488-2596
Probate	715-232-6782
Pension Rights	1-800-488-2596

Guardianship Assistance/Representative Payee

ARC of Dunn County	715-235-7373
Dunn County Human Services	715-232-1116
Guardianship Helpline	1-800-488-2596
House Calls	715-232-6475
Payee Services	715-233-0203

Insurance Information

Office of the Commissioner of Insurance	1-800-236-8517
Medigap Hotline	1-800-242-1060
Benefit Specialists/Aging & Disability Resource Center of Dunn County	715-232-4006

Legal Assistance

Lawyer Referral Service	1-608-257-4666 or 1-800-362-9082
Wisconsin Judicare	1-800-472-1638 or 715-232-1116
State Bar of Wisconsin	1-800-728-7788
Benefit Specialists/Aging & Disability Resource Center of Dunn County	715-232-4006

Taxes

AARP Tax Appointments (February through April) (Income Tax and Homestead tax Credit assistance)	715-232-4006
Internal Revenue Service	1-800-829-1040
Property Tax Deferral Program	1-800-755-7835 or 715-232-4006
Wisconsin Department of Revenue	1-608-266-8100
Wisconsin Tax Refund Info	1-866-947-7363

Veterans Services

Dunn County Veterans Service Office	715-232-1646
Veteran's Administration – Wisconsin	1-800-827-1000

Food and Nutrition

Share Program For Colfax and Wheeler

Statewide program for anyone - \$18.00 You are asked to do 2 hours of community service. Quest cards are accepted	
Location:	1202 E. 10th Street
Contact/Phone:	Mary Lou Lagerstrom 715-664-8879

Grocery Shopping Assistance

Community Connections Program	715-235-2920
Grandma's Helpers	715-308-9275 or 715-308-9273

Home Delivered Meals

Aging & Disability Resource Center of Dunn County 715-232-4006

Senior Dining (Hot Meals) 715-232-4006

Boyceville Community Center Lunch & Learn	715-232-4006
Colfax Grapevine Senior Center (Mon through Th)	715-962-2550
Eau Galle Civic Center (Mon & Wed)	715-283-4252
Hosford-Rich Apartments (Mon through Fri)	715-235-4047
Pork's Place (Tue, Wed, Thur, Friday)	715-665-2133
Dairyland Café in Ridgeland (Mon through Fri)	715-949-1985
Sand Creek Café (Mon through Fri)	715-658-1335
Tantara Apartments (Mon through Fri)	715-556-0266

Area Food Pantries / Food Programs and Free / Reduced Cost

Meals Boyceville – West CAP Food Access & Resource Center

823 Main Street. Serves Boyceville & Glenwood City Areas

Food Pantry Schedule:

Every Thursday 3:00 – 7:00 pm. Every Friday 9:00 am – 1:00 pm

Phone: Toll Free 800-606-9227 Commodity boxes for age 60 and older. Senior Farmers Market Vouchers

Boyceville Food Harvest Ministry – Boyceville Community Center

\$15.00 Requested Donation - You Eat You Qualify

3rd Saturday of the Month. 10 to 12

For More Information Call 715-643-2350

Colfax Caring Ministries Food Pantry

Emergency food by appointment only For Residents in Colfax postal code United Methodist Church, Colfax. Phone: 715-704-6400

Dunn County - Food Share – Formerly Food Stamps

Program (Income based) Helps people with limited income

buy food. Call Dunn County Human Services at 715-232-1116

Dunn County Elderly Nutrition Program- Must be 60+ Home-

delivered meals. Congregate meal sites in several communities.

Nutritional supplements – Ensure. Senior Farmers Market Vouchers

Dunn County ADRC: 715-232-4006

Dunn County - WIC Program (Women, Infants & Children)

Dunn County Government Center, 800 Wilson Avenue,

Menomonie Phone: 715-232-2498

Elk Mound - Ruby's Pantry

Food distribution every 4th Saturday, 8:30 – 10:00 am

Everyone welcome. \$15 donation appreciated – cash only.

Shepherd of the Hill Lutheran Church, 207 University, Elk

Mound Phone: 715-879-5115

Elk Mound - Shepherd of the Hill Food Pantry

Provides food for those in need. Tuesday and

Fridays 10 to 12 or Emergency Appointments

Phone 715-879-5115

Knapp - Plates and Napkins Food Pantry

Every month that has a 5th Saturday in it (about every 3 months). 7:00 am – 10:00 am.

Check in at Knapp Community Hall, 111 Oak Street,

Knapp Phone: 715-665-2495

Knapp Community Hall Food Pantry

Open Monday – Friday, 7:00 am - 12:00 pm

and...Monday – Thursday, 1:00 - 4:00 pm

Knapp Community Hall, 111 Oak Street,

Knapp Phone: 715-665-2495

Menomonie - Community Friendship Luncheon –

Home cooked buffet every Wednesday, 11:45 am Shirley

Doane Senior Center, 1412 6th ST. Menomonie

\$5.00 for members, and \$6.00 for non-members Phone: 715-235-0954

Menomonie - Tuesday's Table

Hot home-cooked meal. Every Tuesday, 5:00 – 6:00 pm

St. Joseph's Catholic Church – Basement, 910 Wilson Ave,

Menomonie Phone: 715-232-4922

Menomonie – Thursday's Table

Hot home-cooked meal. Every Thursday, 5:00 – 6:00 pm First

Congregational Church, 420 Wilson Avenue, Menomonie

Phone: 715-235-5838

Menomonie - Stepping Stones Food Pantry

1620 Stout Road, Menomonie
Food Pantry and offers Commodity Boxes for 60+
Call for hours: 715-235-2920

Menomonie – Summer Farmer’s Market

May through October
Wednesdays, 12:00 – 6:00 pm
Saturdays, 8:00 – 3:00 pm
Dunn County Rec Park, Menomonie

Menomonie - Winter Farmer’s Market

Every 3rd Saturday of the month, 9:00 – 1:00 pm
Lammer’s Foods, 9th Street, Menomonie
Call West Cap for details, 715-265-4271

School Lunches- Free/Reduced

Contact your local school’s food service office

Grocery Stores that provide shopping assistance

Lammers Food Fest – 1408 9th Street, Menomonie, 715-235-2134
Walmart – 108 Cedar Falls Road, Menomonie 715-235-6565
Kyle’s Market – 115 S. Main Street, Colfax 715-962-3585

Hearing Impairment

Information, Support, Assistive Devices

Aging & Disability Resource Center of
Dunn County 715-232-4006
Center for Independent Living 715-233-1070
Local telephone companies can provide help with assistive devices.
National Hearing Aid Helpline 1-800-521-5247
TEPP Program 1-608-231-3305 or 715-233-1070
Wisconsin Bureau for the Deaf and (TTY) 1-888-701-1254
Hearing Impaired or 715-836-2107
Wisconsin Telephone Relay System (TTY) 1-800-947-3529
(Voice) 1-800-947-6644 or (ASCII) 1-800-272-1773

Housing and Home Modifications/Repairs

Apartments with Noon Meals, Light Housekeeping, Emergency Call System (Varies per site)

Galloway Homes 715-235-9041
Hosford-Rich Apartments 715-235-0656
The Oaks 715-235-7793
Tantara Apartments 715-235-4718

Assisted Living (Services vary)

Autumn Village 715-235-9041
Care Partners and Country Terrace 715-235-6333
Comforts of Home 715-231-4980
Our House Assisted Living 715-232-8181
Potters Country Home 715-235-6789
Triple Springs Country Home 715-643-7040

Nursing Homes

American Lutheran Home 715-235-9041
Colfax Health & Rehabilitation Center 715-962-3186
Dallas Healthcare Center 715-837-1222
Dunn County Health Care Center 715-232-2661
Glenhaven (Glenwood City) 715-265-4555
Heritage of Elmwood Nursing Home 715-639-2911
Pioneer Nursing Home (Prairie Farm) 715-455-1178
Spring Valley Health Care Center 715-778-5545

Repairs and Modifications

Center for Independent Living 715-233-1070
Community Connections Program 715-235-2920
USDA Rural Development 715-232-2614, ext. 4
West Cap 1-800-606-9227 or 715-235-4511
Local telephone and utility companies.
Local city/village governments “Block Grants.”

Subsidized Housing Units (rent is based on income)

Boyceville Housing 715-235-4718
Cedar Grove Apartments (Menomonie) 715-232-9940
Colfax Housing 715-235-4718
Colfax Prairie Homes 1-800-606-9227
Elmwood Senior Citizens Apartments, Menomonie 715-235-7310
Evergreen Manor (Colfax) 715-778-5938
Galloway Homes (Menomonie) 715-235-9041
Gaylord Nelson Apartments (Menomonie) 1-800-685-9353
Hillcrest Apartments (Wheeler) 715-688-2277
Hosford-Rich Apartments (Menomonie) 715-235-0656
Kathy Richards Management 1-888-576-6468
Low Income Family Duplexes (Menomonie) 715-235-0656
Memorial Heights Apartments (Menomonie) 715-235-0656
Menomonie Country Apartments 715-235-7376
Morningside Apartments (Sand Creek) 715-688-2277
The Oaks (Menomonie) 715-235-7793
Pine Ridge Apartments (Ridgeland) 715-688-2277
Pinedale Apartments (Menomonie) 715-235-7376
Ridgeland Housing 715-235-4511
Riverview Apartments (Downsville) 715-688-2277
Sunnyside Apartments (Knapp) 715-665-2331
Tiffany Apartments (Boyceville) 715-688-2277
University Village (Menomonie) 715-834-2691 or 1-800-924-3256
Valley View Apartments (Knapp) 715-688-2272
Warren Knowles Manor (Menomonie) 1-800-685-9353
West Cap 1-800-606-9227 or 715-235-4511

Subsidized Rent Vouchers

Menomonie Housing Authority 715-235-0656
West Cap (Dunn County Housing Authority) 1-800-606-9227
or 715-235-4511

Other Senior Housing Options:

Dancing Oaks 715-299-3330
Tantara Apartments 715-235-4718
The Oaks Senior Living 715-235-7793
Village at White Pine 715-231-2100

In-Home Services

In Home Services, Respite, Bathing Assistance, Housekeeping

Advanced Living Care LLC 715-505-2812
Asian Home Health 715-254-0893
Center for Independent Living 715-233-1070
Chippewa Valley Timebank 715-271-7968
Comfort Keepers 1-866-552-6730
Gemini Cares 715-830-0546
Hands On In-Home Care 715-949-1313
Home Instead Senior Care 715-235-5225 or 1-800-919-8040
House Calls Personal Touch Respite Program 715-232-6475
Indianhead Community Action Agency 715-532-5594
Interim Healthcare 715-832-1313
Visiting Angels 715-861-5546
Mayo Clinic Health System Home Health and Hospice 715-235-7800
Moore Genuine Care 715-286-2734
Peaceful Living 715-386-7071
Spring Valley Home Health 715-778-5045
Stepping Stones 715-235-2920
Sunshine Care Inc. 715-514-5566
Tongxeng Home Care 715-514-4406

Hospice Services

Adoray Home Health & Hospice 1-800-359-0174
Mayo Clinic Health System Home Health & Hospice 1-800-236-8408
St. Croix Hospice 651-735-3656
St. Joseph’s Hospice 1-800-726-3485 or 715-726-3485

Lifeline/Telephone Reassurance

Mayo Clinic Health System (Lifeline) 715-233-7200
Comfort Keepers 1-866-552-6730 or 715-381-6730
Alzheimer’s Association 24 hour Help Line 1-800-272-3900
St. Joseph’s Hospital 715-726-1811

Medical Equipment

Veterans Service Office (Loan closet) 715-232-1646
Center for Independent Living 715-233-1070
J&B Medical Supply 1-866-674-5850
See also “Hearing Impairment,” “Vision Impairment.”
Check local telephone directory under “Hospital Equipment/Supplies.”



Transportation Services

Buses

Dunn County Transit Commission 715-235-7433

Volunteer Drivers

Aging & Disability Resource Center 715-232-4006
 Center for Independent Living for Western WI, Inc.
 New Freedom Transport Program
 Information & Vouchers 715-233-1070 or 1-800-228-3287
 Rides 715-772-3122
 Stepping Stones 715-235-2920
 Veterans Service Office 715-232-1646

Other Transportation Providers

Accessible Vehicle Rentals 1-800-596-4366
 A&J Mobility 877-833-9830
 (personal vehicle accessibility conversion—including rentals)
 Handi-Lift 715-822-5077
 Magena (wheelchair accessible trans & taxi) 715-338-9840
 Town & Country Taxi 715-309-9619

Vision Impairment

**Aging & Disability Resource
 Center of Dunn County at 715-232-4006.**

Books/Newspapers on Tape (Talking Books)

Library Books by Mail 715-231-5226
 Wisconsin Talking Book and
 Braille Library 1-414-286-3045
 Wisconsin Council of the Blind 1-608-255-1166
 or 1-800-783-5213

Local libraries have large print books and also books on tape.

Information, Support and Assistive Devices

American Foundation for the Blind 1-800-232-5463
 Brain Injury & Disability Services 1-262-436-1747
 Center for Independent Living (Voice & TTY) 1-800-228-3287
 or 715-233-1070
 Lighthouse National Center for Vision & Aging 1-800-334-5497
 State Office for the Blind 715-836-6772
 Wisconsin Council for the Blind 1-608-255-1166 or
 1-800-783-5213

Nursing Agencies/Personal Care

Asian Home Health 1-715-254-0893
 Aurora Community Health, Inc. 715-235-4667 or 1-888-301-5897
 Comfort Keepers 1-800-477-3145 or 715-381-6730
 Dunn County Home Health Care 715-232-1518
 Gemini Care 715-665-2424
 House Calls 715-232-6475
 Interim Healthcare 715-834-1313
 REM Wisconsin 715-861-7377
 Mayo Clinic Health System Home Health
 and Hospice 715-235-7800 or 1-800-236-8408
 St. Joseph's Home Care 1-800-726-3485
 Spring Valley Home Health Services 715-778-5545
 Visiting Angels 1-800-365-4189 or 1-715-833-7006
 Tongxeng Home Care 715-514-4406

Depression/Alcohol Problems

Access, Inc. 715-235-4696
 Arbor Place 715-235-4537
 Dunn County Department of Human Services 715-232-1116
 WCPG (WI Council on Problem Gambling) 1-800-426-2535
 Amery Behavioral Health Center 715-268-0069
 (Inpatient short stay program)
 The Healing Place A Grief Support Center 715-833-6028

Senior Centers & Organizations

Senior Centers
 Boyceville Community Center 715-643-2305
 Colfax Grapevine Senior Center 715-962-2550
 Eau Galle Civic Center 715-283-4252
 Rock Creek Town Hall 715-875-4202
 Shirley Doane Senior Center 715-235-0954

Senior Citizen Organizations
 CWAG (Coalition of Wisconsin Aging Groups) 608-224-0606
 or 1-800-488-2596
 AARP (American Association of Retired Persons) 1-866-448-3611

Brain Injury

Brain Injury and Disability Services 1-262-436-1747



Great Rivers 2-1-1 is a source of free confidential community resource information and referrals, which is available 24 hours a day. It is a single access point for information on civic, health and human services, and assistance in times of crisis. Language interpretation is available. You can reach them by calling 2-1-1 on your telephone or by calling 1-800-362-8255. Their website address is www.greatrivers211.org.