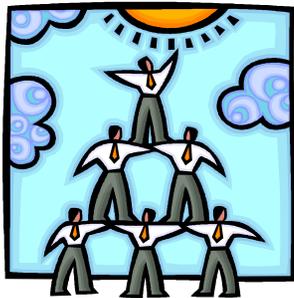
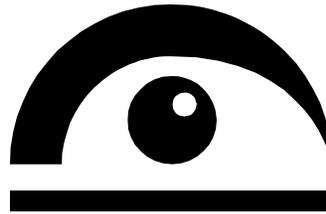


***If You Need Help
Now:***

- Ask for help
- Talk to someone you trust
- Have someone stay with you if you are feeling unsafe
- Call any of the crisis lines listed in this brochure for 24 hour assistance. These organizations really want you to feel better and live a happy fulfilling life.



**REMEMBER YOU ARE NOT
ALONE**



For more information about
arranging for someone to talk
with community groups about
suicide prevention contact :

Dunn County Health
Department
(715) 232-2388
3001 US Hwy 12 E
Suite 032
Menomonie, WI 54751

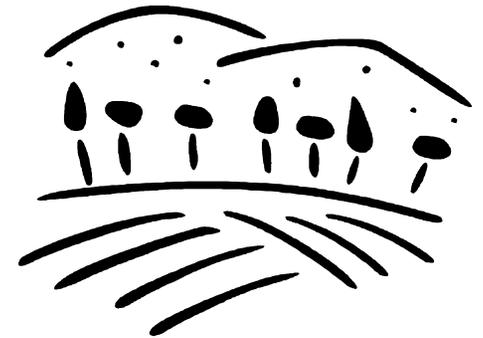
Thank you to the
Community Foundation
of Dunn County

For providing funding for
speaker training

Updated February 2015



**LOCAL
MENTAL
HEALTH
RESOURCES**



**Dunn County Health
Department**

(715) 232-2388

COUNSELING

Access (Aurora) 715-235-4694 or
1-888-261-5585 Badger Care accepted

Arbor Place (Drug, Alcohol, Mental
Health) 715-235-4537 Badger Care
accepted for out patient and day treatment

Callier Clinic 715-836-0064
Eau Claire Badger Care accepted

Dunn County Human Services
715-232-1116 Badger Care accepted

Kayres Counseling 715-231-2010
Badger Care accepted Kayres@gmail.com

Mayo Clinic Health System-Red Cedar
Behavioral Health 715-233-7891
Badger Care accepted with MD referral

Marshfield Clinic-Menomonie
715-233-6400 Badger Care accepted

UW Stout Clinical Services
for Community Families and Children
715-232-2404 Reduced fee for Badger Care

UW Stout Counseling Center
for Students 715-232-2468

PSYCHIATRIC SERVICES

Mayo Clinic Health System-Red Cedar
Behavioral Health 715-233-7891
Badger Care accepted with MD referral

Dunn County Human Services
715-232-1116 Badger Care accepted

Marshfield Clinic-Menomonie
715-233-6400 Badger Care accepted

Mayo Clinic Health System- Eau Claire
715-838-5369
Badger Care accepted with MD referral

UW Stout Health Services-for Students
715-232-1314

CRISIS-24 HOUR ASSISTANCE

Mental Health Crisis Phone Line (includes after
hours and week-ends) 1-888-552-6642

Wellness Shack— Eau Claire
715-855-7705 www.wellnessshack.org

Suicide Hotline 1-800-784-2433

The Bridge (Domestic Violence Shelter)
715-235-9074 or 1-800-924-9918

National Domestic Violence Hotline
1-800-799-7233

Alcoholics Anonymous 1-800-471-9876

Positive Alternatives (Crisis Intervention for
Teens) 715-235-9552

TeenCare Runaway Helpline 1-800-491-8336
(Crisis Intervention for Teens)

Stepping Stones (Emergency Shelter and Food
Pantry) 715-235-2920

Mayo Clinic Health System-Red Cedar Emergency
Dept. 715-235-5531

Dunn County Sheriff's Dept. 715-232-1348
or 911

Menomonie Police Dept. 715-232-1283 or 911

INPATIENT TREATMENT

Mayo Clinic Health System-Eau Claire Behavioral
Health 715-838-5369 Emergency 715-838-3311
Badger Care accepted with MD referral

Sacred Heart Hospital 715-839-4272
Emergency 715-839-4222 Badger Care accepted

Arbor Place (Alcohol, Drug, Mental Health)
715-235-4537 Badger Care accepted for out patient
and day treatment

L.E. Phillips (Alcohol and Drug) 1-800-680-4578
Badger Care accepted

Northwest Journey—Menomonie
715-235-4245 Badger Care accepted
www.nwcgc.com/services/journey/

Marriage and Family Health Services
715-832-0238
Badger Care accepted for Dunn county
Mikan and Migisi Day Treatment
Program—Hudson and Eau Claire
www.marriageandfamilyhealthservices.com

ORGANIZATIONS

National Alliance on Mental Illness (NAMI)
1-608-268-6000

Mental Health America 1-800-969-6642

BringChange2Mind.org (Info. & referral,
national anti-stigma campaign)

Children's Mental Health Alliance Chippewa
Valley 715-838-9559

Children's Service Society of WI
715-835-5915

LGBTQ-Gay, lesbian, bi-sexual, transvestite
services- 715-232-5622

Dunn County Health Watch Mental Health
Work Group-715-233-7899

Dunn County Partnership for Youth
715-235-4537

Dunn County Partners for Resilience
715-232-1642 ext. 10127

Soft Landing Transition Services
(Sober House) 715-933-0103

Aging and Disability Resource Center of Dunn
County 715-232-4006

Dunn County Veterans Services
715-232-1646

After Deployment-afterdeployment.org

Teen Parent Program 715-235-9122