

DUNN COUNTY WELLNESS PROGRAM

(Only available to employee's with the County health insurance.)

Frequently Asked Questions

How much wellness money am I eligible to spend? The employee and the employee's covered dependent spouse are each eligible for \$250 per calendar year. Children and adult children are not eligible for reimbursement.

What can I spend my wellness money on? The Dunn County Wellness Provider List includes all of the approved wellness providers. Providers include fitness centers, weight loss/smoking cessation programs, walking trails, martial arts training, and massage therapy.

Where do I get a Wellness Provider Listing? Provider lists are available at your payroll center and <V:\Shared Large Documents\WellDUNN & Wellness\2010\Wellness Providers.pdf>. You will also receive a copy of the Wellness Provider List when it is updated.

Are products such a home equipment, clothing, food, dietary supplements, etc. eligible for reimbursement? No.

Do I have to pay for my wellness costs out of my pocket? Yes, wellness participants shall pay for the wellness provider costs out of their own pocket and may request reimbursement from PreferredOne.

How do I request reimbursement for my wellness money? To request reimbursement, write your subscriber number on your receipt and send the receipt to PreferredOne. (The address is located on the back of your insurance card). Keep a copy of the receipt for your records. PreferredOne will send you a check. Reimbursement can be requested immediately.

Can I enroll with multiple providers? Yes, you can enroll with as many providers as you select. However, you are only eligible to be reimbursed up to a maximum of \$250 per year.

Can my spouse and I both sign up for the same provider and purchase a family plan? Yes. You would request to be reimbursed, up to \$500, using both you and your spouse's wellness benefits.

Are there usage requirements if I spend wellness dollars? No, there are usage requirements.

WELLNESS – FREQUENTLY ASKED QUESTIONS

How do I request to add a new wellness provider? The County Manager is responsible for adding or deleting providers from the approved provider list at the suggestion of individual employees. A New Provider Request Form will need to be completed by the provider. These forms are available at the County Manager’s Office. You may pick-up the form for the provider or the provider may contact the County Manager’s Office.

When will a new provider be effective? The addition of new providers will become effective January 1st from the time the provider is approved. Changes to the provider list will be published in the WellDUNN Newsletter.

What is the WellDUNN Newsletter? This is a monthly publication that is available for employees. It is distributed via inter-office mail or copies are available at your payroll center. The newsletter includes articles on topics such as:

- Health
- Wellness
- Safety
- Healthy Recipes
- Insurance rate changes
- Insurance benefit changes
- Changes to the Wellness Provider List

If you have an article you would like included, contact the County Manager’s Office.

If I have any questions, who should I contact? Please contact the County Manager’s Office at 715-232-2429.

